

## Integrity By Al Walker

As professionals in the mechanical contracting industry, as in any industry, people count on you to do what you say you are going to do, when you say you're going to do it, within budget and to do it all with a high level of integrity. Dr. Henry Kissinger once said, "You can spend a lifetime building your integrity and tear it all down in a moment". He's right.

We don't have to look very far for a couple of recent examples. John Edwards, former presidential candidate and Mark Sanford, the Governor of South Carolina admitted to affairs that severely damaged, if not destroyed their integrity. Their reputation in politics is shot and their political careers are over because people don't want to support someone who is not at least perceived to have the highest levels of integrity. Yet, based on ratings, David Letterman, late night TV host, apparently didn't do much damage to his integrity because of his indiscretion; however, there are some people who have said it will have a long term negative impact. Who knows?

In my upcoming book, *The Sheep Thief*, I have a section on "Integrity" and one on "Caring". In it I included (with permission) a list of statements titled "The Paradoxical Commandments". The more widely known version of that is titled "Do It Anyway" and is credited to the beloved Mother Teresa.

In research for my book, I discovered that her list is a rewritten version of the original piece written by Dr. Kent M. Keith. Her version is more widely known because it was promoted by her and her order, The Sisters of Charity. She or someone in the order apparently rewrote it to make it more spiritual in nature. It supposedly is hanging on the wall of the Shishu Bhavan, the children's home in Calcutta, India. Her version is pretty close to the original but she only included eight of the original ten "paradoxes". The original was written by Dr. Keith when he was a 19 year old student at Harvard as part of a student handbook for student leaders entitled *The Silent Revolution: Dynamic Leadership in the Student Council*, published by Harvard Student Agencies in 1968 and he titled it The Paradoxical Commandments, which I've included in this article.

Now before you even go there and want to jump down my throat for impugning the integrity of Mother Teresa, please know that is not what I am doing. The site I visited and others give Dr. Kent credit for his work. If you "Google" Mother Teresa, you'll find on one of the sites, along with her list, a statement that says the following:

*"The verses below reportedly were written on the wall of Mother Teresa's home for children in Calcutta, India, and are widely attributed to her. Some sources say that the words below were written on the wall in Mother Teresa's own room. In any case, their association with Mother Teresa and the Missionaries of Charity has made them popular worldwide, expressing as they do, the spirit in which they lived their lives. They*

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**6th ANNUAL  
MCASC  
WINTER  
CONFERENCE &  
STATEWIDE  
MEETING  
THE COOP  
COLUMBIA  
MARCH 10, 2010  
REGISTRATION  
FORM INSIDE**

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**Mechanical Member:**  
**C. J. COMPTON PLUMBING & HEATING, INC.**

C. J. Compton Plumbing and Heating, Inc. was established in 1972. C. J. started the company and the company has grown to 30 employees. C. J.'s three children, Michael, Mark and Cindy and three grandsons, Kevin, Derrick, and Dustin work for the company. C. J. Compton celebrates with four employees who have over 20 years of service and eleven employees with over 10 years of service.

Along with the Mechanical Contractors Plumbing license, the company is becoming more diverse with adding the General Contractors Water Line license, and Mechanical Contractors Process Piping and Air Conditioning license. C. J. Compton Plumbing offers their services to residential, commercial and industrial customers. C. J. Compton added a website to help create more awareness about the company as they strive to meet the needs of the industry. For customer convenience, you can initiate a service call via the website.

On a personal note about C. J., he has been married to Frances for over 56 years. They have three children, nine grand children and four great-grandsons. He enjoys his vacation home at Lake Greenwood and cooking on the grille with his family and friends.

The key to C. J. Compton's success is hard work, dedication and above all, fairness and honesty to his employees and his customers.

***C. J. Compton Plumbing & Heating, Inc.***  
***7606 Prince Street***  
***Spartanburg, SC 29303-1754***  
***Phone: (864) 503-0337; Fax: (864) 503-9610***

## ***FEBRUARY BIRTHDAYS***

Carol Coleman	2/2		Wife of Harvey
Richard Miller, Jr.	2/2	City Plumbing Company of Florence	
Al Hitchcock	2/10	C. R. Hipp Construction, Inc.	
Sandra Bishop	2/12	Waldrop, Inc.	Wife of David
Billy Zimmerman	2/13	Charlotte Pipe & Foundry Company	
Joe McMurry	2/17	Honorary Life Member	
Ann Cullum	2/19	Cullum Mechanical Construction, Inc.	Wife of Furman
John Williams	2/19	Cashion Electricians, Inc.	
Bob Smith	2/21	RepSouth	
Rosa Williams	2/21	Cashion Electricians, Inc.	Wife of Eddie
Vicki Bobbitt	2/25	Bryce Mechanical Contractors, Inc.	Friend of Darlene McGee
Brenda Poplin	2/25	B & L Electric Company	Wife of Henry
Debbie Hill	2/27	Hill Plumbing & Electric Co., Inc.	Wife of Frank
Donnie Smith	2/27	Easley Mechanical	

*Happy Birthday Members! We Would Like To Announce Yours.  
Please call the Birthday Hotline at 803-772-7834 or Email to [mflowers@mcasc.com](mailto:mflowers@mcasc.com)*

**“Tool Box Talks” - Safety Tip****HEART ATTACKS**

The American Heart Association lists the following as possible signs and symptoms of a heart attack: pressure, fullness, squeezing or pain in the center of the chest lasting two minutes or longer. The pain may come and go. The pain may spread to either shoulder, the neck, lower jaw or either arm. Any or all of the following: weakness, dizziness, sweating, nausea, or shortness of breath.

A heart attack means the heart has stopped pumping blood to the vital organs. It is one of the leading causes of death. Many people will deny that they are having a heart attack, so even if a person only has a few of the symptoms, it is critical to seek help immediately. A heart attack can happen anytime, anywhere, so you need to be prepared.

First, get help, call for an ambulance or dial 911 and tell the operator that you have a medical emergency. If the person that is having the attack is conscious, help them sit down. Keep the victim warm and comfortable. Loosen clothing around the neck and waist. Ask the victim if they are taking any kind of medication. If they are unconscious check for some type of medical ID card or medical alert bracelet, and check the ABC's (A for airway - check for obstructions, B for breathing, C for circulation - check for a pulse) and then start CPR if you are trained do so.

Heart attack prevention starts by watching what you do. Exercise regularly, stop smoking, avoid fatty foods, and reduce stress. Check with your doctor if you have any concerns. Heart attacks come unannounced, so be prepared. Have a plan and use it when the need arises. Sometime, somewhere, someone is going to need your help! Are you ready to help a loved one or a co-worker? Keep current on your first aid and CPR training. It could mean saving a life!

**EMERGENCY PHONE NUMBERS SHOULD BE POSTED NEXT TO EVERY TELEPHONE AT WORK AS WELL AS AT HOME.**

**RSS Safety, LLC  
1122 Industrial Drive, Suite 113  
Matthews, NC 28105  
Telephone (704) 844-2519 Fax (704) 844-0291**

**Concerns**

**Charley Hipp - Hipp Properties, Charleston  
Dr. Ron Kolanko, AOH, Charleston  
Richard Miller, Sr. - City Plumbing Co., Florence  
Bobby Townsend, son of Bob & Marie, Charleston**

**Condolences**

**Mr. & Mrs. Henry Poplin & Family  
B & L Electric Company, West Columbia  
On the loss of her sister  
Linda G. Messick**

**Mr. Bo Shuler & Family  
Honorary Life Member  
On the loss of his wife  
Stella Roof Shuler**

**Mrs. Sandra Brasington & Family  
Brasington Plumbing & Heating Company  
On the loss of her husband  
Robert “Bob” Brasington**

**Mr. & Mrs. Dale Prosser  
Cullum Mechanical Construction, Inc., Charleston  
On the loss of her grandmother  
Elizabeth Black Smith**

**Welcome New Members**

**Bryan Fox - H & E Equipment Services  
Columbia  
Skeeter Jutzeler - Shealy Electrical Wholesalers, Inc.  
Ladson  
Russell Ivanko - Innovative Solutions  
Irmo**

**Happy Anniversary**

**Mr. & Mrs. John Babson - 2/9  
Mr. & Mrs. Steve Brewer - 2/10  
Mr. & Mrs. Furman Cullum - 2/14**

**Birth Announcements**

**Colby Thomas Sawyer Brock  
Born December 29, 2009 7:43 AM, 9 lbs 12 oz, 21 ins  
Proud Parents: Tom & Tory Brock  
Boykin Contracting, Inc., West Columbia  
Andrew Walker Frick  
Born January 4, 2010, 9 lbs 3 oz, 21 1/2 ins  
Proud Parents: Darryl & Shannon Frick  
Hoffman & Hoffman, Inc., Columbia**

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*seem to be based on a composition originally by Kent Keith, but much of the second half has been re-written in a more spiritual way. Both versions are shown below.*

The only problem I have is with the phrase, “seem to be based”. Read both versions and then you tell me whether or not Mother Teresa’s version is based on Dr. Kent’s version?

Maybe I’m nitpicking here. The reason I’m even bringing it up is to say that in today’s business world, everything is under so much scrutiny that even the least little hint of impropriety can become an integrity issue.

It is incumbent upon all of us to do as Mike Huckabee, former presidential candidate and now host of his own TV show on the Fox network says, in the title of one of his latest books, “Do The Right Thing”. Isn’t that what a person of integrity always strives to do – the right thing?

I hope you enjoy both versions of The Paradoxical Commandments...I did.

#### 1. Mother Teresa’s version

##### “Do It Anyway”

1. People are often unreasonable, irrational, and self-centered.  
Forgive them anyway.
  2. If you are kind, people may accuse you of selfish, ulterior motives.  
Be kind anyway.
  3. If you are successful, you will win some unfaithful friends and some genuine enemies.  
Succeed anyway.
  4. If you are honest and sincere people may deceive you.  
Be honest and sincere anyway.
  5. What you spend years creating, others could destroy overnight.  
Create anyway.
  6. If you find serenity and happiness, some may be jealous.  
Be happy anyway.
  7. The good you do today, will often be forgotten.  
Do good anyway.
  8. Give the best you have, and it will never be enough.  
Give your best anyway.
- In the final analysis, it is between you and God. It was never between you and them anyway.

#### 2. Dr. Kent Keith’s original

##### The Paradoxical Commandments

1. People are illogical, unreasonable, and self-centered.  
Love them anyway.
2. If you do good, people will accuse you of selfish ulterior motives.  
Do good anyway.
3. If you are successful, you win false friends and true enemies.  
Succeed anyway.
4. The good you do today will be forgotten tomorrow.  
Do good anyway.
5. Honesty and frankness make you vulnerable.  
Be honest and frank anyway.
6. The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds.  
Think big anyway.

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7. People favor underdogs but follow only top dogs.  
Fight for a few underdogs anyway.
8. What you spend years building may be destroyed overnight.  
Build anyway.
9. People really need help but may attack you if you do help them.  
Help people anyway.
10. Give the world the best you have and you'll get kicked in the teeth.  
Give the world the best you have anyway.

© 1968, 2001 Kent M. Keith

### A Thought Worth Pondering

*An ostrich with its head in the sand is just as blind to disaster as he is to opportunity.*  
Author unknown

### Save These Dates For Upcoming Events!!!

**1st Annual Midlands Area  
Nine at Night Scholarship Benefit**

Thursday, March 4, 2010  
Charwood Country Club  
West Columbia, SC

**6th Annual MCASC  
Winter Conference & Statewide Meeting**

Wednesday, March 10, 2010  
The Coop, 1100 Key Road  
Columbia, SC

**4th Annual Piedmont Area  
Clays for College**

Friday, April 23, 2010  
Harris Springs Sportsman's Preserve  
Waterloo, SC

**Coastal Area Harbor Cruise**

Friday, April 30, 2010  
Patriot's Point  
Mt. Pleasant, SC

**22nd Annual George W. Bryce, Jr.  
Memorial Golf Tournament**

Friday, May 7, 2010  
Oakdale Country Club  
Florence, SC

**2nd Annual Coastal Area  
Scholarship Fishing Tournament**

May 2010  
TBA

**19th Annual MCASC  
Santee Scholarship Tournament**

June 11-13, 2010  
Quality Inn & Suites  
Santee, SC

**MCASC Summer Convention**

August 5-8, 2010  
The Ritz-Carlton Amelia Island  
Amelia Island, Florida

## NOTICE:

## CALLED OPEN BUSINESS MEETING



As voted by the Board, the called open business meeting will take place at 5:00 PM on Wednesday, March 10, 2010 at the MCASC Winter Conference and Statewide Meeting at The Coop, 1100 Key Road, Columbia, SC.

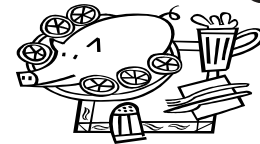


# MCASC Winter Conference & Statewide Meeting



## Registration Form

March 10, 2010



The Coop, 1100 Key Road, Columbia

### I. REGISTRATION FORM:

FAX OR MAIL TO THE MCASC STATE OFFICE – (803) 731-0390 or P.O. Box 384, Columbia, SC 29202

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone No.: (\_\_\_\_) \_\_\_\_\_

Number Attending Workshops/Lunch \_\_\_\_\_ Number Attending Meeting/Dinner \_\_\_\_\_

### CONFERENCE & MEETING FEE:

MEMBERS: Same as Monthly Area Meeting \$25.00

NON-MEMBERS: \$100.00

### AGENDA

10:00 – 10:15 AM	Welcome & Introduction of Workshop Facilitators
10:15 – 11:45 AM	“Establishing a Competitive Advantage with Higher Labor Productivity” By: Scott Kimpland, Director – FMI Corporation
11:45 – 12:30 PM	“Financial Ratio Analysis & Benchmarking” By: Jeff Greenway, CPA Shareholder, Construction Group Chairman – Elliott Davis
12:30 – 1:15 PM	Lunch (provided)
1:15 – 2:15 PM	“Presentations with Power and Punch” By: Lucie Eggleston, Founder – Letter-Perfect Communications, Inc.
2:15 – 3:15 PM	“What is the Future: How to Get Ready for It” By Tom Frisby, Owner – The Frisby Group
3:15 – 4:15 PM	“Change: 14 Months Later” By: John Creech, Esquire – Ogletree, Deakins, Nash, Smoak & Stewart, P.C.
4:15 – 5:00 PM	“Valuation of a Closely Held Mechanical Contracting Company” By: Tim Hillegass, ASA V. P. & Chad Hoekstra, ASA, Pres. – HH Advisors, LLC
5:00 – 5:30 PM	MCASC Called Open Business Meeting
5:30 – 6:00 PM	Sign-In For Members & Guests
6:00 – 7:00 PM	Cocktail Reception
7:00 PM Until	Welcome, Dinner & Keynote Speaker Al Walker “Thinking Big and Living Large”

### BILLING INFORMATION:

Member Companies Will Be Invoiced By Your Local Area Treasurer

### DEADLINE TO REGISTER:

MARCH 3, 2010

**Associate Member:  
BB&T/BOYLE-VAUGHAN INSURANCE**

BB&T/Boyle-Vaughan, the endorsed commercial insurance agency of MCASC, continues to offer a full line of insurance coverages for contractors in the Southeast. We have become the 8th largest agency in the U.S. and the largest agency in South Carolina by supporting our clients with their commercial insurance and bonding needs.

BB&T/Boyle-Vaughan has about 241 insurance professionals in South Carolina serving the needs of our clients and offering such services as verification of NCCI experience modifications, contractual risk transfer and development/implementation of safety programs.

We are experts in addressing the needs and exposures of the construction industry and are able to partner with one of our 96 insurance companies we represent to best meet the needs our clients. If you have recognized exposures for loss prevention, MVR/Driving exposures or general review of your companies exposures, we can address the exposures and discuss what actions are needed to best protect the assets of your company.

If your company has a desire to have "skin in the game", we can help you analyze certain loss sensitive and captive programs that will allow you to self-insure certain exposures.

In 2009, our surety department provided bonding on \$953,000,000 worth of construction projects. We were successful in providing these bonds to over 250 surety clients throughout SC, NC and GA with one of the 19 different surety markets we represent.

Should you have any questions about your insurance or bonding program, please feel free to contact us.

***BB&T/Boyle-Vaughan Insurance***  
***P. O. Box 8628***  
***Columbia, SC 29202-8628***  
***Phone: (803) 748-0100; Fax: (888) 751-3201***

**Congratulations to our next Associate & Mechanical Members who will be  
highlighted in the upcoming issue of "The Tool Box":  
H & E Equipment Services, Columbia - Associate Member  
R. C. Jacobs, Inc., Georgetown - Mechanical Member**

**FEBRUARY 2010 MONTHLY AREA MEETINGS**

**MIDLANDS AREA**

Thursday, February 4, 2010 @ 6:00 PM  
Location: 517 Spring Street, West Columbia  
Sponsored By: Shealy & Sons Electric Company, Inc.

**Topic: "Health Care Reform:  
What It May Mean For You"**

**Speakers: John Creech, Esquire & Brian Black, Esquire  
Ogletree, Deakins, Nash, Smoak & Stewart**

**PIEDMONT AREA**

Tuesday, February 9, 2010 @ 6:00 PM  
Location: 103 Woodruff Industrial Lane, Greenville  
Sponsored By: Greenville Mechanical, Inc.

**Topic: "Health Care Reform:  
What It May Mean For You"**

**Speakers: John Creech, Esquire & Brian Black, Esquire  
Ogletree, Deakins, Nash, Smoak & Stewart**

**PEE DEE AREA**

Thursday, February 18, 2010 @ 6:30 PM  
Location: 3233 S. Cashua Drive, Florence  
Sponsored By: Walkup Electrical Construction

**Topic: "Health Care Reform:  
What It May Mean For You"**

**Speakers: John Creech, Esquire & Brian Black, Esquire  
Ogletree, Deakins, Nash, Smoak & Stewart**

**COASTAL AREA**

Thursday, February 25, 2010 @ 6:30 PM  
Location: James Island Yacht Club  
Event Sponsored By: Sunbelt Rentals, Inc.  
Bar Sponsored By: Sunbelt Rentals, Inc.

**COASTAL AREA OYSTER ROAST**

**Please Bring A Door Prize For The Raffle!!!**



P.O. Box 384, 29202  
1504 Morninghill Drive  
Columbia, SC 29210  
Phone: (803) 772-7834  
Fax: (803) 731-0390  
E-mail: mflowers@mcasc.com  
www.mcasc.com

***Serving mechanical contractors in  
South Carolina since 1912.***

**MCASC Executive Board & Staff**

Richard Miller, Jr., President  
Jim Brewer, Vice-President  
Dennis Brunink, Treasurer  
Chris Cullum, Secretary  
Jim Maguire, Associate President  
Mona Flowers, Managing Director

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**MCASC Vision Statement**

The Mechanical Contractors Association of South Carolina (MCASC) will be the leading construction association in South Carolina for specialty contractors and suppliers in the electrical, mechanical (HVAC), and plumbing fields by serving its membership, the industry, and the Community in a vibrant and harmonious fashion.

**MCASC Mission Statement**

The Mechanical Contractors Association of South Carolina (MCASC) will provide its membership with:

- current business/technical information and support
- a proactive political/legislative agenda
- a joint industry collaboration to improve relative business practices
- an ongoing effort to offer training opportunities for both professional and craft personnel
- educational scholarships for deserving students
- the development of industry related career opportunities

The Association's objective for this mission is to enhance the future of the Construction Industry in South Carolina.